



www.newcastlehandball.co.uk

newcastlevikings@gmail.com

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Newcastle Vikings Handball Club Welcome Pack 2023/24

A warm welcome to all members of Newcastle Vikings Handball Club, whether you are a continuing past member or are newly joining our friendly multi-national club! **Please take the time to read through this Welcome Pack and complete the online Membership Form carefully, even if you have filled in a similar form in previous seasons.**

NVHC was established in September 2012, the first developmental community handball club in North East England. We are a fully constituted amateur club, and welcome beginners and experienced handballers of all ages. We are affiliated to both the England Handball Association (EHA) and Scottish Handball Association (SHA) and have senior women's and men's teams playing in league and cup competitions. Find out more about our Vikings history, stats and more on our website [About Us](#) and [Teams](#) pages.

Training Sessions for Senior Players

Our senior handball training sessions take place on Monday and Wednesday evenings at our two Newcastle venues, just short walks from the city centre's St. James and Walkergate Metro stations – see our website [Training](#) page for venue location maps.

Monday 8:00-9:30pm – NUCASTLE Newcastle United Foundation, Diana Street, Newcastle upon Tyne NE4 6BQ

Wednesday 8:00-9:30pm – Benfield Centre for Sporting Excellence, Benfield Road, Walkergate, Newcastle upon Tyne NE6 4NU

Please wear suitable clothing for high-impact indoor sport (t-shirt, shorts/leggings and trainers), no jewellery, tie long hair back, and bring a water bottle and your own handball.

Home matches take place at the Benfield Centre for Sporting Excellence in Newcastle or at Scottish centralised venues. As well as playing in friendly matches and tournaments, including our own Tyneside Handball Tournament, we also often compete in the British Beach Handball Championships. Outdoors summer training focuses on fun sessions of beach handball or in the park.

Club Membership 2023/24

For new players to the club, your first 2 'taster' training sessions are FREE! Fill in our [Membership Form](#) for your chosen option:

Annual	Pay once and be worry free! Due by 8 October 2023. Training season September to June.	£250
	Discounted annual membership: 15% off for students with a valid student ID card (FE/HE courses); and for players who have a close family member also playing for the club.	£213
Half-season payment plan	Spread your membership cost over 2 payments - due by 8 October 2023 and 31 January 2024. <i>Please speak to our Treasurer for alternative pro-rata payment plan arrangements.</i>	2 x £150
	Discounted half-season membership: (as per above 15% discounted annual membership)	2 x £127
10 Session card	Casual membership. Attendance will be ticked off each time you attend training or participate in a friendly match. Just buy a new card once used.	£75
Vikings Crew	For non-playing club members regularly coaching, officiating, volunteering, on the club Board.	£5

* **New players joining mid-season** – a pro-rata amount of the split payment plan option will be agreed with our club Treasurer.

Please ensure you pay us on time and by bank transfer (state the player's name in the payment reference) or by using our card reader at training sessions, so we don't have to chase late payments:

Account Name: Newcastle Vikings Handball Club

Account Sort Code: 20-59-43

Account Number: 40016276

If you have any payment queries, please contact our Treasurer, Andrea King: 07940-568131 / newcastlevikings@gmail.com.

All membership fees go towards the club's running costs, hall hire and handball equipment, as well as to cover some of the match day costs. We will also cover the costs of EHA/SHA coaching and refereeing courses, DBS, child safeguarding and first aid qualifications if you remain with the club for at least another year.

Pro-rata membership refunds will be based on a 10-month season September-June, and only apply if handball is cancelled on health and safety grounds for 1 month or more by EHA/SHA or lockdowns imposed by national Government or local authorities.

ENGLAND HANDBALL Register with the England Handball Association

IMPORTANT! All players, coaches and volunteers MUST also individually register themselves with the EHA for public liability and personal injury insurance purposes, and to be able to take part in leagues and other competitions. £12.50 fee for adults, £7.50 for under-19s. Click on Membership at www.Englandhandball.com to go to their [GameDay Membership](#) portal.


Supporting You and Your Interests

By joining and becoming a member of Newcastle Vikings Handball Club, you agree to abide by our Fair Play Code of Conduct, club rules and regulations and other policies. You can view these and other important club documents, including our Club Constitution, under the 'About Us' section of our website <http://newcastlehandball.co.uk/club-documents/>. Key points include:

- Membership fees must be paid on time, by bank transfer or using our card reader (some exceptions)
- Notify us ASAP if you will be attending training/matches by accepting/declining each event on Spond
- Arrive promptly on time for training sessions and matches or any other club events
- Always play handball fairly and respect others at all times



We are an EHA-accredited Pro-Active Club. Any issues concerning the welfare of any player or the club should be directed to our welfare and Safeguarding Lead officers, Caroline Snell 07824-447026 or Fabian van der Velden 07498-205004, at safeguarding.newcastlevikings@gmail.com. If you have any general queries about the club, please contact our club Chairperson and Head Coach, Marlen Slinning Goultly via our main club e-mail address and phone number.

 Download the **Spond app** which is our main communication tool for keeping in touch with club members and volunteers, and to accept/decline attending training/matches – get it on your phone or at www.spond.com.

Supporting Us and Getting Involved – Join Our Vikings Crew!

Handball is a developing amateur sport in the UK and our club is only run by volunteers, so we appreciate all the help we can get from all our players and supporters. We hope you can help us grow handball here in the North East, and if you can spare some time to get involved and help us out we offer various opportunities to volunteer with our club, whatever your skills and interests!

- Coaching and refereeing (EHA/SHA qualification courses available).
- Table officiating (scoring and time-keeping) at home matches and local schools competitions.
- Photographers and video producers to promote the club across our social media and in the local press.
- Sports journalism to help with writing articles for our club website and local newspapers.
- Sports marketing to help raise greater awareness of handball in the community and securing funding and sponsorships.

We are always open to new ideas too, so if you are proactive and enthusiastic, please don't hesitate to get in touch!

We are keen to secure more [Club Sponsors](#), whether on our club playing kit, brand-naming tournaments, players of the match, etc. Please contact Newcastlevhcsponsorship@gmail.com for further details.

Easyfundraising with your Online Shopping

Help us raise **FREE** funding donations for NVHC whenever you go shopping online with many popular retailers at <https://www.easyfundraising.org.uk/causes/newcastlevikingshandballclub/>. Find out more on our website [Fundraising](#) page.

Who Will You Meet? Introducing our Club Coaches and Welfare Officers



Marlen Slinning Goultly
Head Coach



Sandra Christke-Lamb
Women's Coach



Caroline Snell
Safeguarding Lead



Fabian van der Velden
Safeguarding Lead



Andrea King
Treasurer / Media

Club Shop – Get Kitted Out Vikings Style!

Club kit and merchandise are available to buy from us, including Newcastle Vikings logo-branded t-shirts, tracksuits, hoodies, beanie hats, baseball caps, bags and wristbands. If you would like to buy any of our club kit, please get in touch with either our club Secretary, Sandra Christke-Lamb at training, or e-mail newcastlevikings@gmail.com for an order form. We can also order a variety of other NVHC-branded merchandise from our partners [Bolam Premier Sportswear](#) and via the [Joma catalogue](#).