

NEWCASTLE VIKINGS HANDBALL CLUB, COVID-19 RULES AND REGULATIONS SEASON 2021-2022*Regulations for players, coaches, volunteers, parents, and carers*

Please familiar yourself with all the below rules which we expect you to follow in all our club training sessions and events. You are attending our handball sessions and events at your own risk. If you breach the rules you will have to leave the session. The rules will be assessed on a regular basis.

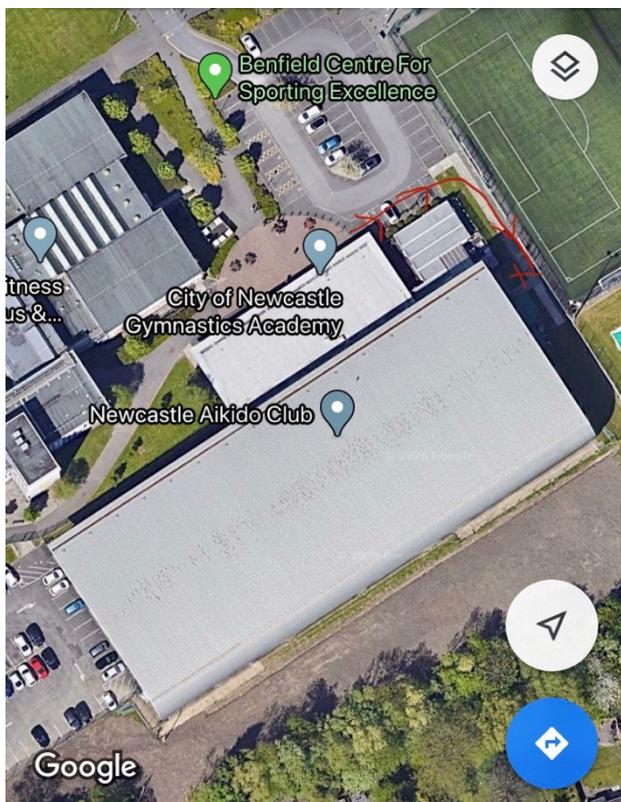
1. Anyone with symptoms of Covid-19 which includes a high temperature, a new continuous cough, or a loss of or a change to their sense of smell or taste should not attend training and should follow government guidance on testing and isolation.
2. You should not attend training if you live with someone who has symptoms of Covid-19. If contact with positive case of Covid, and you are under 18 years or greater than 14 days post complete vaccination, you may only attend training if you have had a negative PCR test and partake in twice weekly lateral flow test until 10 days after exposure. The lateral flow test must be taken on the day of training, and you may only attend training if it is negative. The coach has the right to ask for proof of testing, if this is not available you will not be allowed to take part in the session. If you have not been vaccinated and over the age of 18 and have had contact with Covid, then you can discuss what you should do with our welfare officer before attending training.
3. Face masks are advised on arrival and on departure of the sports centre. This also applies when you must leave the sports hall to use the toilet facilities.
4. On arrival, please use the main doors and please sanitise your hands (dispenser can be found on the righthand side just inside the first set of doors).
5. No one can enter the sports hall until their session start time or as soon as the previous group have left the hall.
6. If you arrive early, we do ask you to wait outdoors or in your car.
7. Changing rooms - tbc
8. Water may be refilled from the water machine in the corridor.
9. Hands should be cleaned with alcohol gel before training and after training, a coach or COVID-officer to see that you have sanitised. We also advice to wipe down the balls before and after the session.
10. To attend, you must sign up to each individual training session in advance through our Spond app.
11. No spectators in the sports hall at any time, except parents of mini and junior players. We advise you to use the viewing platform above if possible.
12. All sessions to finish 5 min prior end time to give our self enough time to pack up and be out before next group is due in.
13. On departure, please use emergency exit on the far end of the first court. Parents/carers to collect children just outside the emergency exit (please see attached photo).
14. A record of attendance of all participants and spectators will be kept for 21 days in case needed for NHS Track and Trace.
15. Equipment should be cleaned after training or left for 72 hours.
16. No cash payment accepted (please pay by bacs or use our card reader which has a 10p fee on top of the training fee).

In addition, responsibilities of coaches and Youth Coordinators:

1. Facemasks are optional for all coaches and volunteers during sessions.
2. Club will provide you with a facemask, hand sanitiser and wipes.
3. Provide hand sanitiser and a method to clean shared equipment if applicable.
4. Keep a register of attendees and spectators (Spond app).
5. Ensure all rules are followed.
6. Clean equipment prior and after sessions – bibs to be washed weekly.
7. First person to enter and last person to leave sports hall.
8. If any problem or concern, please contact our welfare office Carline Snell, welfare@newcastlehandball.co.uk

BENFIELD CENTRE FOR SPORTING EXCELLENCE, NE6 4EU

Please exit/pick your children up from the red cross marked on the photo below. Walk around the side of the sport centre following the path to the first set of emergency exit doors. This is where all players and coaches/volunteers will departure when leaving our training sessions.

**FARRINGTON COMMUNITY ACADEMY, SR3 3EL**

Please exit/pick your children up from the red cross marked on the photo below. This is where all players and coaches/volunteers will departure when leaving our training sessions. If your child is allowed to leave by them self, please let us know in advance.

