



www.newcastlehandball.co.uk

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Newcastle Vikings Handball Club Welcome Pack 2020/21

A warm welcome to all members of Newcastle Vikings Handball Club, whether you are a continuing past member or are newly joining our friendly multi-national club! **Please take the time to read through this Welcome Pack and complete the online Membership Form carefully, even if you have filled in a similar form in previous seasons.**

NVHC was established in September 2012, the first developmental community handball club in North East England. We are a fully constituted amateur club, and welcome beginners and experienced handballers of all ages. We are affiliated to the England Handball Association (EHA) and have successful senior women's and men's teams playing in the English league and cup competitions. You can find out more about our Vikings history, player stats and more on our website [About Us](#) and [Teams](#) pages.

Training Sessions for Senior Players (ages 16+)

Our senior handball training sessions take place on both Monday and Wednesday evenings at our Newcastle base venue, which is just 5-minutes' walk up the road from Walkergate Metro Station – see our website [Training](#) page for a venue location map.

Women: Mondays and Wednesdays 7:00-8:30pm / Men: Mondays 7:00-8:00pm (*optional) and Wednesdays 7:00-9:00pm Benfield Centre for Sporting Excellence, Benfield Road, Newcastle NE6 4NU [Men's Monday sessions for specific positional skills.]

Please wear suitable clothing for high-impact indoor sport (t-shirt, shorts/leggings and trainers), no jewellery, wear long hair tied back, and bring a water bottle and your own handball.

Home league and cup matches take place at either the Benfield Centre for Sporting Excellence in Newcastle or at Temple Park Leisure Centre in South Shields where we have a full-size 40m x 20m court. As well as playing in friendly pre-season and end-of-season tournaments, including our own annual Tyneside Handball Tournament, we also compete in the British Beach Handball Championships in early August. Outdoors summer training focuses on fun sessions of beach handball.

Indoor training sessions and membership fees may be subject to change in response to Covid-19 restrictions.

Club Membership 2020/21

For new players to the club, your first 2 'taster' training sessions will be FREE! We then have a choice of membership options:

Annual	Pay once and be worry free! Due by 30 September. Training season September to June.	£200
	Discounted annual membership: 15% off for students with a valid student ID card (FE/HE courses); and for players who have a close family member also playing for the club.	£170
Half-season payment plan	Spread your membership cost over 2 payments - due by 30 September and 31 January. <i>Please speak to our Treasurer for alternative pro rata payment plan arrangements.</i>	2 x £105
	Discounted half-season membership: (as per above discounted annual membership)	2 x £90
10 Session card	Casual membership for <u>non-league/cup players only</u> . Attendance will be ticked off each time you attend training or participate in a friendly match. Just buy a new card once used.	£60
Vikings Crew	For non-playing club members regularly coaching, officiating, or on the club Board.	£5

* **New players** joining mid-season, or part way through a half-season payment period, your first 2 taster sessions are FREE and then you can discuss agreeing a pro-rata amount of your preferred payment plan with our club Treasurer.

All membership fees go towards the club's running costs, hall hire and handball equipment, as well as to cover match days and player insurance if playing in the English league and cup competitions. We are however currently waiving the usual additional fee for registering players with the England Handball Association for the Regional or Rec-It leagues this season due to Covid-19.

Pro-rata refunds will be based on a 10-month season September-June, and only apply if handball is cancelled on health and safety grounds for 1 month-or-more by the EHA or lockdowns imposed by national Government or local authorities.

Newcastle Vikings Handball Club

newcastlevikingshandball

@NVHandball

Media enquiries: media@newcastlehandball.co.uk

Sponsorship enquiries: sponsorships@newcastlehandball.co.uk

It is very important that you pay us on time and by bank transfer – please state the player’s name in the payment reference. Please set up a standing order for payment plan options so we don’t have to chase late payments.

Account Name: Newcastle Vikings Handball Club

Account Sort Code: 20-59-43

Account Number: 40016276

If you have any payment queries, please contact our Treasurer, Andrea King: 07940-568131 / media@newcastlehandball.co.uk

Supporting You and Your Interests

By joining and becoming a member of Newcastle Vikings Handball Club, you agree to abide by our Fair Play Code of Conduct, club rules and regulations and other policies. You can view these and other important club documents, including our Club Constitution, under the ‘About Us’ section of our website <http://newcastlehandball.co.uk/club-documents/>. Key points include:

- Membership fees must be paid on time, by bank transfer (some exceptions)
- Notify your coach as soon as possible if you are not able to attend training
- Arrive on time for training and matches or any other club events
- Always play handball fairly and respect others at all times
- Teams to set their own team-rules at start of each season
- Senior team captains to be chosen at beginning of season in September/October



Download the Spond app which is now our main communication tool for keeping in touch with members.

If you have any queries about the club, please contact our Chairperson and Head Coach, Marlen Slinning Goulty via our main club e-mail address and phone number. Any issues concerning the welfare of any player or the club in general should be directed to our Welfare Officer, Caroline Snell: 07824-447026 / welfare@newcastlehandball.co.uk.

Supporting Us and Getting Involved – Join Our Vikings Crew!

Handball is a developing amateur sport in the UK and our club is only run by volunteers, so we appreciate all the help we can get from all our players and supporters. We hope you can help us grow handball here in the North East, and if you can spare some time to get involved and help us out we offer various opportunities to volunteer with our club, whatever your skills and interests!

- Coaching and refereeing (EHA qualification courses available).
- Table officiating (scoring and time-keeping) at home matches and local schools competitions.
- Photographers and video producers to promote the club across our social media and in the local press.
- Sports journalism to help with writing articles for our club website and local newspapers.
- Sports marketing to help raise greater awareness of handball in the community and securing funding.

We are always open to new ideas too, so if you are proactive and enthusiastic, please don’t hesitate to get in touch!



Easyfundraising with your Online Shopping

Help us raise **FREE** funding donations for NVHC whenever you go shopping online with many popular retailers at <https://www.easyfundraising.org.uk/causes/newcastlevikingshandballclub/>. Simply select to raise funds for Newcastle Vikings Handball Club and then go via the Easyfundraising website to link to the retailer websites that you wish to buy from, and they will gift a small percentage of what you spend to the club. Find out more on our website [Fundraising](#) page.



Support Us at Kafeneon

Our [club sponsors](#) Kafeneon, in Newcastle’s Bigg Market, will donate to us a proportion of the food and drink charges whenever Vikings players, family and friends visit the bar-restaurant. Just mention Vikings or Handball when you visit.

Who Will You Meet? Introducing our Club Coaches, Welfare Officer and Treasurer



Marlen Slinning Goulty
Head Coach



Adam Mobberley
Men’s Coach



Caroline Snell
Welfare Officer



Andrea King
Treasurer

Club Shop – Get Kitted Out Vikings Style!

Club kit and merchandise are available to buy from us, including Newcastle Vikings logo-branded t-shirts, track-suits, hoodies, beanie hats, baseball caps, bags, wristbands, keyrings, mugs and glasses. If you would like to buy any of our club kit, please get in touch with either our club Secretary, Sandra Christke-Lamb at training, or e-mail info@newcastlehandball.co.uk for an order form. We can also order a variety of other NVHC-branded merchandise from our partners [Cloud 9 Leisure](#) and via the [Joma catalogue](#).