



Newcastle Vikings Handball Club




Health & Safety Risk Assessment Form

This Risk Assessment should look at Health & Safety Risk and the Controls that are in place

Activity	Return to Handball Phase 1, outside training.			Reference	RA06
Approved By	Welfare Officer	Signed: <i>blh</i>	Date Completed: 12/07/2020	Date Reviewed	12/07/2020
Final Approval By	Chairperson	Signed: <i>My Goulds</i>	Date: 13/07/2020		
What are the Hazards?				Who is at Risk?	
What are the risks?					
Physical activity- slipping on wet ground, tripping on rubbish or falling on glass. Risk of Covid-19 infection.				Club Committee, Volunteers, Participants & Member of the Public	
Equipment –Formite transfer of Coivd-19 on shared equipment. Balls hitting participants.					
Control Measures to Mitigate Risks					

1. Check the ground and remove any glass or rubbish.
2. Individuals not to attend if displaying Covid-19 symptoms, or have members in household displaying symptoms as stated in Phase 1 protocol.
3. Maintain 2m social distancing.
4. Sanitise hands before and after play.
5. Keep sharing of equipment to a minimum. If sharing does take place, equipment needs to be cleaned before and after play and hands cleaned every 20mins during play.
6. Exercise should take place outside.
7. Group size limited to 6.
8. Avoid shouting or conversing loudly when face-to-face.
9. First aid equipment available.
10. Keep a register of participants.
11. Mobile Phones to be available.

Residual Control (Specific Control Measures Applicable to the Activity or Site of Activity)

Activity	Comments	Name	Signature	Date
Fitness and technical training outside. Phase 1 of return to play during Covid pandemic.	Check playing area before any activity takes place to remove any hazards. Specifically look for sharp objects and rubbish left behind.	Caroline Snell		12/7/2020
	Check participants are maintaining social distancing and good hand hygiene. Provide hand gel and sanitiser wipes.	Caroline Snell		12/7/2020
	First aid equipment and mobile phone available. Keep register.	Caroline Snell		12/7/2020

