 **Newcastle Vikings Handball Club**

**Health & Safety Risk Assessment Form**

This Risk Assessment should look at Health & Safety Risk and the Controls which are in place

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| **Activity** | **Handball** | | | **Reference** | | **RA01** |
| **Approved By** | Welfare Officer | Signed: | Date Completed: 29.08.18 | **Date Reviewed** | | 08/05/17 |
| **Final Approval By** | Chairperson | Signed: | Date: 29/08/2018 |
| **What are the Hazards?** | | | | | **Who is at Risk?** | |
| **What are the risks?** | | | | |
| Physical exertion - dehydration, exhaustion | | | | | Club Committee, Volunteers, Participants & Member of the Public | |
| Physical contact - bruising, breaks, cuts, back, neck and head injuries | | | | |
| Equipment - entanglement, cuts, bruises, broken bones, trapped fingers, crush injuries | | | | |
| Food/liquid - allergies, adverse reactions, spillages | | | | |
| **Control Measures to Mitigate Risks** | | | | | | |
| 1. 1st Aid Kit 2. Mobile Phones and use of landline phone at venue 3. Ensure appropriate footwear and sportswear is worn by all participants. 4. All jewellery to be removed before activity. 5. Ensure equipment is regularly maintained and used according to manufacturer’s instructions by a competent person. 6. Undertake thorough checks of all equipment before use and do not use if any damage is in evidence. Particular care to be taken to ensure goals are secured to wall and/or floor to prevent falling. 7. Ensure plenty of fluids are available to all players throughout the event. 8. Any spillages in or around the playing area to be cleaned immediately. Play will cease and will not resume until spillage is cleared. 9. Warnings to be given about ingredients in the food. Any allergy sufferers should make themselves known to staff. | | | | | | |

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| **Residual Control (Specific Control Measures Applicable to the Activity or Site of Activity)** | | | | |
| **Activity** | **Comments** | **Name** | **Signature** | **Date** |
| Handball Activity for children and adults. | Check goals and playing area before any activity takes place to remove any hazards. Specifically look for sharp objects and rubbish left behind. | Matthew Lamb |  |  |
|  | Check spectator’s area before the start of the event to remove any hazards. | Matthew Lamb |  |  |
|  | Give instructions and safety talk before activity to all volunteers and participants. | Matthew Lamb |  |  |
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