



Newcastle Vikings Handball Club

Health & Safety Risk Assessment Form

This Risk Assessment should look at Health & Safety Risk and the Controls which are in place

Activity	Handball			Reference	RA01
Approved By	Welfare Officer	Signed:	Date Completed: 01.10.12	Date Reviewed	11/05/15
Final Approval By	Chairperson	Signed:	Date: 15/09/2015		
What are the Hazards?				Who is at Risk?	
What are the risks?					
Physical exertion - dehydration, exhaustion				Club Committee, Volunteers, Participants & Member of the Public	
Physical contact - bruising, breaks, cuts, back, neck and head injuries					
Equipment - entanglement, cuts, bruises, broken bones, trapped fingers, crush injuries					
Food/liquid - allergies, adverse reactions, spillages					
Control Measures to Mitigate Risks					
<ol style="list-style-type: none"> 1. 1st Aid Kit 2. Mobile Phones and use of landline phone at venue 3. Ensure appropriate footwear and sportswear is worn by all participants. 4. All jewellery to be removed before activity. 5. Ensure equipment is regularly maintained and used according to manufacturer's instructions by a competent person. 6. Undertake thorough checks of all equipment before use and do not use if any damage is in evidence. Particular care to be taken to ensure goals are secured to wall and/or floor to prevent falling. 7. Ensure plenty of fluids are available to all players throughout the event. 8. Any spillages in or around the playing area to be cleaned immediately. Play will cease and will not resume until spillage is cleared. 9. Warnings to be given about ingredients in the food. Any allergy sufferers should make themselves known to staff. 					

Residual Control (Specific Control Measures Applicable to the Activity or Site of Activity)

Activity	Comments	Name	Signature	Date